

How to Pray the Rosary as a Lutheran

Many within the Lutheran Church encourages members to pray the rosary. Lutherans follow a similar format of the rosary as the Roman Catholics, but, pray the Rosary in an evangelical manner considered faithful to the Gospel as expressed by Lutherans.

The Lutheran Rosary is not prayed to Mary, but, does include prayers of praise regarding Mary that come from Scripture. These prayers offer appropriate devotion to the Mother of God. These are referenced later.

Pray the Lutheran Rosary Step 1

Begin by touching the crucifix and pray The Sign of the Cross.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



(As you say this, with your right hand touch your forehead when you say Father, touch your breastbone when you say Son, touch your left shoulder when you say Holy, and touch your right shoulder when you say Spirit.)

Pray the Lutheran Rosary Step 2

Pray The Apostles' Creed.

I believe in God, the Father Almighty, maker of heaven and earth. And in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, and born of the virgin Mary, suffered under Pontius Pilate, who was crucified, died and was buried. He descended into hell. On the third day He rose again from the dead. He ascended into heaven and sits at the right hand of the Father. From thence He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Pray the Lutheran Rosary Step 3

On the first large rosary bead, pray the Our Father.

Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.





Pray the Lutheran Rosary Step 4

On each of the next three beads, pray the Jesus Prayer:

Lord Jesus Christ, Son of God, have mercy upon me, a sinner.

Pray the Lutheran Rosary Step 5



On the next large bead, pray Glory Be To the Father:

Glory be to the Father and to the Son and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Pray the Lutheran Rosary Step 6

Announce the Meditation

On the first rosary bead, pray the Our Father.



On each of the next ten beads, pray the Jesus Prayer.

On the next large bead, pray a Glory Be To The Father.

Pray the Lutheran Rosary Step 7

Repeat the previous six steps for each of the remaining Mysteries as you work your way around the rosary beads.

Pray the Lutheran Rosary Step 8

Either pray a Pre-Trent Hail Mary, a part of the Magnificat, or Martin Luther's Evangelical praise of the Mother of God or all three if you wish.

Pre-Trent Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus Christ. Amen. (Luke 1:28, AKJV)

The Magnificat

“My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants forever.” (Luke 1: 46b-55, NRSV)

Martin Luther’s Evangelical Praise of the Mother of God

O Blessed Virgin, Mother of God, what great comfort God has shown us in you, by so graciously regarding your unworthiness and low estate. This encourages us to believe that henceforth He will not despise us poor and lowly ones, but graciously regard us also, according to your example. Amen

Pray the Lutheran Rosary Step 12

End with the Sign of the Cross.

You do not actually need a Rosary, You can pray the Rosary on your fingers or by using another method of counting.

If you are nervous about an upcoming event silently say just a decade in your head as you drive there or wait in line for your turn. It is very relaxing to know that Jesus Christ is there for you.

Say a decade for an individual in need. All you need to do is mention the name of the person at the end of the decade. (i.e. Oh Lord I lift up this decade of the rosary for (persons name) because (certain circumstance that calls for prayer.)

(This page is adapted from <http://www.wikihow.com/Pray-the-Lutheran-Rosary>. I would have linked directly to the page, however, it is shown on a page with ads that are not comfortable for

me. I have reorganized some of the material but have stayed closely connected with what is on the page.)